

BIOGRAPHICAL INFORMATION

Name: Misol Kwon (me-soul kwon)
ORCID: <https://orcid.org/0000-0002-9608-2754>
Website: <https://misolkwon.wixsite.com/profile>

Email Address: misolk@nursing.upenn.edu
misol.kwon@pennmedicine.upenn.edu
misolk@buffalo.edu

RESEARCH INTERESTS

Sleep Health | Social Determinants of Health | Cardiometabolic Health | Adolescents | Young Adults

CURRENT APPOINTMENT AND TRAINING

- 2023 – **Leadership Education in Adolescent Health (LEAH) Program, The Children’s Hospital of Philadelphia (CHOP), Philadelphia, PA**
Medium-Term Nursing Fellow (PI: Carol Ford; Mentors: Drs. Ann L. O’Sullivan, Catherine McDonald)
- 2023 – **University of Pennsylvania Perelman School of Medicine, Philadelphia, PA**
T32 HL07953 Postdoctoral Research Fellow (PI: Drs. Allan Pack, Amy Sawyer)
- 2022 – **University of Pennsylvania School of Nursing, Philadelphia, PA**
Lecturer

EDUCATION

- 2016 – 2022 **University at Buffalo, The State University of New York, Buffalo, NY**
Ph.D., Nursing
- 2010 – 2013 **University at Buffalo, The State University of New York, Buffalo, NY**
Bachelor of Science with High Distinction, Nursing; Degree Honors: Summa Cum Laude

PUBLICATIONS

Peer-Reviewed Publications

- Reynolds, A., Spaeth, A., Hale, L., Williamson, A., LeBourgeois, M., Wong, S., Hartstein, L., Levenson, J., **Kwon, M.**, Hart, C., Greer, A., Richardson, C., Gradisar, M., Clementi, M., Simon, S., Reuter-Yuill, L., Picchietti, D. L., Wild, S., Tarokh, L., Sexon-Radek, K., Malow, B. A., Lenker, K. P., Calhoun, S. L., Johnson, D. A., Lewin, D., & Carskadon, M. A. (2023). Pediatric sleep: Current knowledge, gaps, and opportunities for the future. *SLEEP*. doi:10.1093/sleep/zsad060
- Zhou, Y., **Kwon, M.**, Park, E., & Chang, Y-P. (2022). What can customers see? Exploring exposed information on e-cigarette online retail websites: A systematic review. *Journal of Addictions Nursing* (In Press)
- Kwon, M.**, Wang, J., Dean, G., & Dickerson, S. (2022). Sleep health, its intraindividuality, and perceived stress in college students during the COVID-19 pandemic. *Journal of American College Health*. doi:10.1080/07448481.2022.2128684
- Kwon, M.**, Dickerson, S., Wilding, G., Aquilina, A., Reid, M., & Dean, G. (2022). A nurse-delivered intervention to reduce insomnia in cancer survivors: Study protocol for a randomized-controlled trial. *Contemporary Clinical Trials*. doi:10.1016/j.cct.2022.106939
- Park, E., **Kwon, M.**, Chacko, T., Chen, C., Zhou, Y., Goniewicz, M., Li, C-S., & Chang, Y-P. (2022). Instruments to measure e-cigarette related constructs: A systematic review. *BMC Public Health*. doi:10.1186/s12889-022-13510-4
- Gaughan, M., **Kwon, M.**, Park, E., & Jungquist, C. (2022). Nurses’ experience and perception of technology use in practice: A qualitative study using an extended technology acceptance model. *Computers, Informatics, Nursing*, 40(7):478-486. doi:10.1097/CIN.0000000000000850
- Livingston, J. A., Chen, C-H., **Kwon, M.** & Park, E. (2022). Physical and mental health outcomes associated with adolescent e-cigarette use. *Journal of Pediatric Nursing*, 64:1-17. doi:10.1016/j.pedn.2022.01.006
- Kwon, M.**, Wang, J., Wilding, G. E., Dickerson, S., & Dean, G. E. (2021). Brief-behavioral therapy for insomnia: Meta-analysis. *Behavioral Sleep Medicine*, 20(6):674-694. doi:10.1080/15402002.2021.1982715
- Kwon, M.**, Gaughan, M., & Park, E. (2021). Flipping the classroom: Incorporating video production in public health nursing education. *Creative Nursing*, 27(3). doi:10.1891/CRNR-D-20-00095
- Park, E., & **Kwon, M.** (2021). Testing the digital health literacy instrument for adolescents: Cognitive interviews. *Journal of Medical Internet Research*, 23(3):1-10. doi:10.2196/17856
- Kwon, M.**, & Dean, G. (2021). Inspiring curiosity about research in pre-nursing students. *Journal of Nursing Education*, 60(2):123-124. doi:10.3928/01484834-20210120-15

12. **Kwon, M.**, Seo, Y., Nickerson, A., Dickerson, S., Park, E., & Livingston, J. (2020). Sleep quality as a mediator of the relationship between cyber victimization and depression. *Journal of Nursing Scholarship*, 52(4):416-425. doi:10.1111/jnu.12569
13. Dickerson, S., TenBrock, E., Smith, P., & **Kwon, M.**, Chacko, T., Li, S-H., & Dean, G. (2020). Mixed methods feasibility study of Breathe2Sleep™ a peer modeling approach to PAP self-management. *Heart & Lung*, 49(6):949-958. doi:10.1016/j.hrtlng.2020.04.015
14. **Kwon, M.**, Seo, Y., Park, E., & Chang, Y-P. (2020). Association between substance use and insufficient sleep in U.S. high school students. *Journal of School Nursing*, 37(6), 470-479. doi:10.1177/1059840519901161
15. **Kwon, M.** & Park, E. (2020). Perception and sentiments about electronic cigarette on social media: A systematic review. *Journal of Medical Internet Research: Public Health and Surveillance*, 6(1):e13673. doi:10.2196/13673 (PROSPERO Registration #: CRD42019121611)
16. Park, E., Livingston, J., Wang, W., **Kwon, M.**, Eiden, E., & Chang, Y-P. (2020). Adolescent electronic cigarette use trajectory and subsequent alcohol and marijuana use. *Addictive Behaviors*, 103(2020):106213. doi:10.1016/j.addbeh.2019.106213
17. Somayaji, D., Melendez, M., **Kwon, M.**, & Lathan, C. (2019). Access to cancer care resources in a federally qualified health center: A mixed methods study to increase understanding of met and unmet needs of cancer survivors. *Journal of Cancer Education*, 36(3):591-602. doi:10.1007/s13187-019-01669-1
18. Park, E., **Kwon, M.**, Gaughan, M., Livingston, J., & Chang, Y-P. (2019). Listening to adolescents: Their perceptions and information sources about e-cigarettes. *Journal of Pediatric Nursing*, 48:82-91. doi:10.1016/j.pedn.2019.07.010
19. **Kwon, M.**, Park, E., & Dickerson, S. (2019). Adolescent substance use and its association to sleep disturbances: A systematic review. *Sleep Health: Journal of the National Sleep Foundation*, 5(4):382-394. doi:10.1016/j.sleh.2019.06.001
20. Park, E., & **Kwon, M.** (2018). Health-related internet use by children and adolescents: Systematic review. *Journal of Medical Internet Research*, 20(4):1-14. doi:10.2196/jmir.7731 (PROSPERO Registration #: CRD42017073237)

Under Review or In Revision

1. **Kwon, M.**, Zhu, J., Wilding, G., Dickerson, S., & Dean, G. Sleep-wake state discrepancy among cancer survivors with symptoms of insomnia. *Supportive Care in Cancer* (2023)
2. **Kwon, M.**, McPhillips, M. V., Dong, F., Zhu, J., Wilding, G., & Dickerson, S. Predisposing, precipitating, and perpetuating factors of insomnia in cancer survivors. *Journal of Cancer Survivorship* (2023)

Non Peer-Reviewed Articles

1. **Kwon, M.** (July 3, 2018). Two birds, one stone: The unmet need of targeted interventions for poor sleep and smoking habits in young adults. *Northwestern Public Health Review Blog*. <https://nphr.wordpress.com/2018/07/03/two-birds-one-stone-the-unmet-need-of-targeted-interventions-for-poor-sleep-and-smoking-habits-in-young-adults/>
2. **Kwon, M.** & Park, E. (2017). An overview of systematic review on examining adolescents' perception of eHealth use. *Vital Signs: Professional Nurses Association of Western New York*, 70(2), p. 10

HONORS | AWARDS | SCHOLARSHIP | MEMBERSHIPS IN HONORARY SOCIETIES

2023	Post-Graduate Course Scholarship Award for SLEEP2023 Annual Meeting – Sleep Research Society
2023	Leadership Workshop Award – Sleep Research Society
2023	Trainee Merit-Based Award – Sleep Research Society
2023 – 2024	Systematic Review & Meta-analysis Working Group of Clinical Practice Guidelines: Pediatric and Adolescent Insomnia – Society of Behavioral Sleep Medicine (Chairs: Drs. Stacey Simon and Sarah Honaker)
2022	Trainee Merit-Based Award – Sleep Research Society
2022	Ruth G. Elder Excellence in Research Award – University at Buffalo
2022	Research Foundation/SUNY Center for Professional Development Scholarship – The Research Foundation for SUNY
2021 – 2022	Mentored Collaboration Grant – Sleep Research Society (Mentor: Dr. Brant P. Hasler at U of Pittsburgh)
2020 – 2021	Millard Fillmore Hospital Class of 1953 Memorial Scholarship – University at Buffalo
2020	Grant Writing Workshop Award – Sleep Research Society
2020	Ellen Volpe Memorial Award – University at Buffalo
2019 – 2020	Coletta A. Klug and Ellen Volpe Memorial Fund Award – University at Buffalo
2016 – 2020	Nova and Gustav Petsan Scholarship – University at Buffalo (awarded on a semester basis, 10x)
2019	Trainee Merit-Based Award – Sleep Research Society
2019	Graduate Student Association Conference Fund Award – University at Buffalo
2018	Eastern Nursing Research Society Conference Travel Award – University at Buffalo

2017 – 2018	Dr. Patricia A. Burns Graduate Student Scholarship – University at Buffalo
2016 – 2018	Graduate Student Employees Union Professional Dev. Award – University at Buffalo (awarded 3x)
2013	Ruth T. McGrorey Award for Excellence in Nursing – University at Buffalo
2013	Nancy Stillwell McLernon Memorial Scholarship – University at Buffalo
2010 – 2013	Dean's List – University at Buffalo
2011	Opening Doors Award for Teaching Assistant – University at Buffalo
2008 – 2010	Panther Scholarship – University of Pittsburgh at Bradford (awarded annually, 2x)
2009	Scholar Athlete Award (Varsity Dance Team) – University of Pittsburgh at Bradford
2008 – 2009	Miriam Barcroft Blasidell Scholarship – University of Pittsburgh at Bradford

ORAL PRESENTATIONS (*=invited; ^=mentored student)

Oral Presentations

1. **Kwon, M.**, Zhu, J., Wilding, G., Dickerson, S., & Dean, G. (2023, June). *Measuring sleep-wake state discrepancy in cancer survivors with insomnia symptoms*. Paper presented at the 37th annual scientific sessions of the Associated Professional Sleep Societies, Indianapolis, IN.
2. **Kwon, M.** (2023, April). Sleep-wake state discrepancy in cancer survivors with symptoms of insomnia. Virtually presented at the University at Buffalo Jacobs School of Medicine and Biomedical Sciences, Sleep medicine fellow monthly conference, Buffalo, NY.
3. *Dean, G., & **Kwon, M.** (2021, April). *Lung cancer survivors, sleep and quality of life*. Virtually presented at Sleep Hub Speaker Series, University of Pittsburgh School of Nursing (invited scholar).
4. **Kwon, M.** (2019, November). *Sleep deprivation in adolescents: A development of an integrated theoretical model*. Presented at the Center for Nursing Research Lunch & Learn Series, University at Buffalo School of Nursing, Buffalo, NY.
3. Park, E., **Kwon, M.**, & Gaughan, M. (2019, November). *Systematic review: Measuring e-cigarette-related constructs*. Symposium conducted at the American Public Health Association annual meeting and expo, Philadelphia, PA.
4. Pollard, A[^], **Kwon, M.**, Weiss, C., & Dean, G. (2019, July). *A comparison between subjective and objective measures of sleep among lung cancer survivors with insomnia*. Presented at the CLIMB UP for Summer Research Program, Institute for Strategic Enhancement of Educational Diversity (iSEED), University at Buffalo.
5. Dean, G., Tyrpak, D., & **Kwon, M.** (2019, April). *Efficacy of nurse-delivered brief behavioral treatment for insomnia to self-manage insomnia in cancer survivors*. Presented at the University at Buffalo School of Nursing, Buffalo, NY.
6. **Kwon, M.**, & Seo, Y. S. (2019, April). *Investigating the association between substance use and insufficient sleep among U.S. high school students: Evidence from the 2017 Youth Risk Behavior Surveillance System (YRBSS)*. Paper presented at the 31st annual scientific session of the Eastern Nursing Research Society, Providence, RI.
7. Gaughan, M., **Kwon, M.**, & Park E. (2019, April). *Nurses' experience and perception of technology use in practice*. Paper presented at the 31st annual scientific session of the Eastern Nursing Research Society, Providence, RI.
8. Dickerson, S., TenBrock, E., Smith, P., **Kwon, M.**, Chacko, T., Li, C-H., & Dean, G. (2019, April). *Feasibility of Breath2Sleep™ Self-Management Program to promote adherence to continuous positive airway pressure devices (CPAP) for newly diagnosed sleep apnea patients*. Paper presented at the 31st annual scientific session of the Eastern Nursing Research Society, Providence, RI.

POSTER PRESENTATIONS (*=awarded; ^=mentored student)

1. **Kwon, M.**, Dickson Page, S., Williamson, A. A., & Sawyer, A. M. (2023, October). *A scoping review of social determinants of sleep health in adolescents: Current landscape and knowledge gaps*. Poster to be presented at the Chronobiology and Sleep Institute Research Retreat, University of Pennsylvania Perelman School of Medicine, Philadelphia, PA.
2. **Kwon, M.**, Seo, Y., & Hasler, B. P. (2023, June). *Sleep intraindividual variability in adolescent alcohol drinkers*. Poster presented at the 37th annual scientific sessions of the Associated Professional Sleep Societies, Indianapolis, IN.
3. Dean, G., **Kwon, M.**, & Dickerson, S. (2023, June). *Demographics and clinical characteristics, and insomnia severity symptoms in heterogenous sample of cancer survivors with insomnia symptoms*. Poster presented at the 37th annual scientific sessions of the Associated Professional Sleep Societies, Indianapolis, IN.
4. ***Kwon, M.**, Zhu, J., Wilding, G., Dickerson, S., & Dean, G. (2023, June). *Measuring sleep-wake state discrepancy in cancer survivors with insomnia symptoms*. Poster to be presented at the 37th annual scientific sessions of the Associated Professional Sleep Societies, Indianapolis, IN (Awarded Sleep Research Society Trainee Merit-Based Award).
5. ***Kwon, M.**, Seo, Y., & Hasler, B. P. (2022, June). *Does multi-dimensional impulsivity mediate the relationship between poor sleep health and depressive symptoms in late adolescents?* Poster presented at the 36th annual scientific sessions of the Associated Professional Sleep Societies, Charlotte, NC (Funding: Sleep Research Society Foundation Award).

6. ***Kwon, M.**, Wang, J., Dickerson, S., & Dean, G. (2022, June). *An intraindividual variability of sleep health and perceived stress in college students during the COVID-19 pandemic*. Poster presented at the 36th annual scientific sessions of the Associated Professional Sleep Societies, Charlotte, NC (Awarded Sleep Research Society Trainee Merit-Based Award).
7. Loomis, D., Tyrapak, D., Larkin, K., **Kwon, M.**, Foltz-Ramos, K., McLaughlin, P., Gaughan, M., Dickerson, S., & Dean, G. (2022, June). *Strategies and enhancing recruitment of adults for randomized controlled trial among heterogenous sample of cancer survivors with insomnia amid the Covid pandemic*. Poster presented at the 36th annual scientific sessions of the Associated Professional Sleep Societies, Charlotte, NC.
8. Livingston, J., **Kwon, M.**, Hequembourg, A., & Wang, W. (2022, March). *Dimensions of sleep quality in LGBQ+ and heterosexual adolescents*. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
9. ***Kwon, M.**, Wang, J., Wilding, G., Dickerson, S., & Dean, G. (2020, November). *Is brief behavioral treatment for insomnia an effective intervention? A systematic review and meta-analysis*. E-poster presented at the 2020 University at Buffalo School of Nursing virtual poster session.
10. Livingston, J., Chen, C-H., **Kwon, M.**, & Park, E. (2020, November). *Health consequences associated with electronic nicotine delivery systems (ENDS) among adolescents and young adults*. E-poster presented at the 2020 University at Buffalo School of Nursing virtual poster session.
11. Weiss, C., **Kwon, M.**, Dickerson, S., & Dean, G. (2020, August). *Level of agreement between objective and subjective sleep measures in lung cancer survivors with insomnia*. E-poster presented at the 34th annual scientific sessions of the Associated Professional Sleep Societies.
12. Zhou, Y., **Kwon, M.**, Park, E., & Chang, Y-P. (2020, March). *What can customers see? Exploring the online marketing strategies of electronic cigarette retail websites: A systematic review*. E-poster presented at the 32nd annual scientific sessions of the Eastern Nursing Research Society.
13. Park, E., **Kwon, M.**, & Gaughan, M. (2019, November). *Cognitive interview to test digital health literacy instruments*. Poster presented at the American Public Health Association annual meeting and expo, Philadelphia, PA.
14. Pollard, A., [^]**Kwon, M.**, Weiss, C., & Dean, G. (2019, July). *A comparison between subjective and objective measures of sleep among lung cancer survivors with insomnia*. Poster presented at the CLIMB UP for Summer Research Program, Institute for Strategic Enhancement of Educational Diversity (iSEED), University at Buffalo.
15. ***Kwon, M.**, Seo, Y., Dickerson, S., Park, E., & Livingston, J. (2019, June). *Cyber victimization and depressive symptoms: A mediation model involving sleep quality*. Poster presented at the 33rd annual meeting of the Associated Professional Sleep Societies, San Antonio, TX (Awarded Sleep Research Society Trainee Merit-Based Award).
16. Livingston, J. A., Park, E., Wang, W., **Kwon, M.**, Chang, Y-P., & Eiden, R. D. (2019, May). *Electronic cigarette use as a longitudinal predictor of adolescent alcohol and marijuana use*. Poster presented at the 27th annual meeting of the Society for Prevention Research, San Francisco, CA.
17. *Park, E., **Kwon, M.**, Gaughan, M., Livingston, J., & Chang, Y-P. (2019, April). *Adolescents' perception about e-cigarettes and information sources*. Poster presented at the annual UBSON Research Day, School of Nursing, University at Buffalo, Buffalo, NY (Awarded 1st place for the Faculty Poster Competition).
18. Gaughan, M., **Kwon, M.**, & Park E. (April 2019). *Nurses' experience and perception of technology use in practice*. Poster presented at the annual scientific sessions of the Eastern Nursing Research Society, Providence, RI.
19. Gaughan, M., Hong, D., **Kwon, M.**, Tolchard, B., & Stuhlmiller, C. (2018, July). *Clinical confidence and anxiety among pre-licensure nursing students' pre and post rapid response high-fidelity simulation*. Poster presented at the 14th international conference on Rapid Response Systems & Medical Emergency Teams, Manchester, UK.
20. ***Kwon, M.**, & Park, E. (2018, April). *Relationship between smoking, alcohol, and substance use and sleep outcomes in adolescents*. Poster presented at the annual UBSON Research Day, School of Nursing, University at Buffalo, Buffalo, NY (*Awarded 2nd place for PhD Student Poster Competition).
21. ***Kwon, M.**, & Juarez, A. (2018, April). *Examining patient autonomy in hijab-wearing population: A systematic literature review*. Poster presented at the 30th annual scientific sessions of the Eastern Nursing Research Society, Newark, NJ (Awarded Travel Grant).
22. **Kwon, M.**, & Park, E. (2018, April). *Perceptions and sentiments about e-cigarettes on the social media: A systematic review*. Poster presented at the 30th annual scientific sessions of the Eastern Nursing Research Society, Newark, NJ.
23. **Kwon, M.**, & Park, E. (2017, April). *A systematic review: Examining adolescents' perception of eHealth use*. Poster presented at the annual meeting of the Professional Nurses Association of Western New York Local Sigma Theta Tau International Chapters, Buffalo, NY.
24. **Kwon, M.**, & Park, E. (2017, March). *Health-related internet use by children and adolescents: A systematic review*. Poster presented at the annual UBSON Research Day, School of Nursing, University at Buffalo, Buffalo, NY.
25. **Kwon, M.**, Colpoys, R., Leeson, L., Salvatore, J., Greenfield, H., & Karl, S. (2013, April). *Does implementation of nightly sleep rounds for hospitalized patients improve patient's perception of quality of sleep when compared to standard practice?* Student nurses' poster presented at the Erie County Medical Center, Buffalo, NY.

26. *Kwon, M., Cortese, O., Carpenter, K., & Sheriff, A. (2012, March). *Nursing education influencing length of stay in neonatal intensive care unit patients*. Poster presented at the annual UBSON Research Day, School of Nursing, University at Buffalo, Buffalo, NY (Awarded Best Presented Group Poster).

TEACHING EXPERIENCE

Current Teaching Responsibilities

Course title (type): **NURS 745 Data Analytics** (asynchronous)
Description: Situated in healthcare data analytics, focus is given to learning the appropriate application, including decision-making for analysis plan, and interpretation of statistical analyses (i.e., data transformation, effect size and power analysis, clinical significance, parametric and non-parametric statistical tests).
Role: Lecturer
Semester, year: Fall 2022; Fall 2023
Whom(n); Institute: Doctoral (DNP) students (50-55); University of Pennsylvania School of Nursing

Guest Lecturer

Course title (type): **NSG 199 Freshmen Seminar: Sleep Research Boot Camp** (synchronous, in-person)
Role: Guest Lecturer
Semester, year: Fall 2023
Whom(n); Institute: Undergraduate students (25); University at Buffalo School of Nursing

Course title (type): **NSG 361 Wellness and Illness Concepts with Individuals, Families and Communities I** (synchronous, in-person)
Role: Guest Lecturer
Semester, year: Summer 2023
Whom(n); Institute: Accelerated Bachelor of Science (ABS) nursing students (53); University at Buffalo School of Nursing

Course title (type): **NGC 701 The State of the Nursing Science** (synchronous, in-person)
Role: Guest Lecturer
Semester, year: Fall 2019; Fall 2020
Whom(n); Institute: PhD students (7); University at Buffalo School of Nursing

Graduate Student Teaching

Course title (type): **NURS 745 Data Analytics** (asynchronous)
Description: Situated in healthcare data analytics, focus is given to learning the appropriate application, including decision-making for analysis plan, and interpretation of statistical analyses (i.e., data transformation, effect size and power analysis, clinical significance, parametric and non-parametric statistical tests).
Role: Lecturer
Semester, year: Fall 2022; Fall 2023
Whom(n); Institute: Doctoral (DNP) students (50-55); University of Pennsylvania School of Nursing

Course title (type): **NSG 199 Freshmen Seminar: Sleep Research Boot Camp** (synchronous, in-person)
Name of lecture(s):
1) Measuring sleep in humans
2) Analysis of daily sleep diary, actigraphy, and other sleep surveys (pre- & post-)
3) Narcolepsy and Restless Leg Syndrome
4) Sleep deprivation in adolescents and college students: Risk factors & consequences
5) Sleep in the News
6) Brief behavioral treatment for insomnia
7) Dysfunctional beliefs about sleep, and sleep myth busters
8) Sleep and health disparities
9) Sleep: Law & order
Description: As a newly developed course, built syllabus, lesson plans, assignments, and grading rubrics with the faculty. Prepared and delivered lectures and case studies; provided feedbacks to students; grading
Role: Course Instructor; Teaching Assistant
Semester, year: Fall 2019; Fall 2020; Fall 2021
Whom(n); Institute: Undergraduate students (25-28); University at Buffalo School of Nursing

Course title (type): **NGC 520 Scientific Communications** (asynchronous)

Description: Course intended to facilitate the scientific writing process (i.e., referencing, PICO question development, publication ethics, peer review, basic statistics) and teach the fundamentals of effective scientific writing (i.e., abstract, literature review).

Role: Course Instructor

Semester, year: Summer 2018

Whom(n); Institute: Doctoral (DNP) students (25); University at Buffalo School of Nursing

CLINICAL | OTHER PROFESSIONAL EXPERIENCE

01/2019 – 05/2019 **Veterans Affairs Western New York Healthcare System: Sleep Disorders Clinic**
Graduate Student Intern, Buffalo, NY

Supervisors: Sumit Patel, MD; Leelasri Vanguru, MD; Jeffery M. Mador, MD

Roles: Shadowed sleep doctors and gained clinical experience interacting and teaching behavioral intervention with patients; engaged in consultation 5 hours/week

2016 **International Relations Office, Pohang University of Science and Technology (POSTECH)**
Program Coordinator, Pohang, South Korea

2015 **St. Mary's Hospital: Medical Surgical Unit**
Registered Nurse, Pohang, South Korea

2015 **Severance Hospital, Yonsei University Health System: Medical Surgical Unit**
Registered Nurse, Seoul, South Korea

06/2015 – 08/2015 **Erie County Medical Center (ECMC) Hospital: Medical Surgical Unit**
Nurse Intern, Buffalo, NY

2014 **Dr. H. Gordon Roberts Hospital: Intensive Care Unit; Dialysis Unit**
Volunteer Registered Nurse, Shillong, India

2014 **Jigmi Dorji Wangchuk National Referral Hospital: Outpatient Wound & Burn Clinic; Labor and Delivery Unit**
Volunteer Registered Nurse, Thimphu, Bhutan

PROFESSIONAL SERVICE

National/Societal Service

2023	2023 Mentored Collaboration Grant, Sleep Research Society	Grant Reviewer
2023 – 2024	Systematic Review & Meta-Analysis Working Group of Clinical Practice Guidelines: Pediatric and Adolescent Insomnia – Society of Behavioral Sleep Medicine (Chairs: Drs. Stacey Simon and Sarah Honaker)	Member (competitive)
2022	2023 Young Investigator's Research Forum Scholarships, American Academy of Sleep Medicine & Sleep Research Society Foundations	Grant Reviewer
2022	2023 Small Research Grant Program, Sleep Research Society Foundation	Grant Reviewer
2022 – 2023	Virtual Seminar Series, Sleep Research Society	Representative
2022 – 2025	Pipeline Development Committee – Sleep Research Society	Member
2017 – 2019	Trainee Int'l Domestic Match Program – Sleep Research Society	Member
2017 – 2018	Trainee Education Advisory Sub-Committee – Sleep Research Society	Member

University/ Departmental Service

2019 – 2021	Academic Integrity Adjudication Committee – University at Buffalo	Student Member
2017 – 2020	Review of the Council for Mark Diamond Research Fund Scholarship – University at Buffalo	Reviewer
2017 – 2019	School of Nursing PhD Committee – University at Buffalo	Student Rep.
2017 – 2018	PhD Student Club: Building Nursing Research Capacity – University at Buffalo	Facilitator
2017 – 2018	Graduate Student Association Election Committee – University at Buffalo	Member
2017	School of Nursing Young Alumni Panelist – University at Buffalo	Panelist

Community Service

2018	Vive Summer Youth Science Workshop – Jericho Road Community Health Center, Buffalo, NY	Volunteer
2017	Ride for Roswell – Rowell Cancer Institute, Buffalo, NY	Volunteer
2016	Psychiatric Rehabilitation Fellowship Symposium, Hong Kong	Interpreter
2015 – 2016	Besorravine Clubhouse, Psychiatric Rehabilitation Center, South Korea	Volunteer
2013 – 2014	PyungAnn Nursing Home, South Korea	Volunteer

EDITORIAL CONTRIBUTIONS

Publons Reviewer Profile: <https://publons.com/researcher/3929125/misol-kwon/>

Ad Hoc Journal Reviewer

Academic Pediatrics	Journal of School Nursing
Addictive Behaviors	Journal of Sleep Research
Behavioral Sleep Medicine	Pediatrics
JMIR Formative Research	Preventive Medicine
JMIR Interactive Journal of Medical Research	Preventive Medicine Reports
JMIR Mental Health	Sleep Health
JMIR Pediatrics and Parenting	
Journal of Child and Adolescent Psychiatric Nursing	
Journal of Medical Internet Research	

PROFESSIONAL AFFILIATIONS

2023 – present	Global Korean Nursing Foundation in USA	Member
2020 – present	Society of Behavioral Sleep Medicine	Member
2019 – present	American Academy of Sleep Medicine	Member
2019 – 2023	American Academy of Nursing	Member
2017 – 2022	Eastern Nursing Research Society	Member
2017 – 2018	American Association of University Women	Member
2016 – present	Sleep Research Society	Member
2012 – present	Honor Society of Nursing: Sigma Theta Tau Int'l (Gamma Kappa)	Student Member
2009 – 2010	National Society for Leadership and Success (Sigma Alpha Pi)	Student Member
2009 – 2010	National Academic Honor Society for Freshmen (Alpha Lambda Delta)	Student Member

PROFESSIONAL LICENSES

RN Licensure

2014 – present	Registered Nurse [Korean National Personnel Licensing Examination Board]
2013 – present	Registered Nurse [New York State Board of Nursing]

OTHER TRAINING | CERTIFICATION

2020	Sleep and Circadian Workshop on Indispensable Methods (SWIM) Summer program, Center for Sleep and Circadian Science – University of Pittsburgh
2019 – 2021	Associate-Level Certification, Center for the Integration of Research, Teaching and Learning (CIRTL) – University at Buffalo
2020	A Provider-Focused, Web-Based Learning Course in Cognitive Behavioral Therapy for Insomnia, Online – Medical University of South Carolina
2019	Advanced Cognitive Behavioral Therapy for Insomnia (CBT-I) Workshop (Lecturers & Discussants: Drs. Perlis, M., Posner, D., Ellis, J.) – University of Pennsylvania Medical School
2017 – present	Responsible Conduct of Research Training, Clinical & Translational Science Institute – University at Buffalo
2015 – present	Collaborative Institutional Training Initiative (CITI) Training
2013 – 2015	Lifeguard/AED/CPR/First Aid, American Red Cross

OTHER ACADEMIC AND EXTRA-CURRICULAR ACHIEVEMENTS

Graduate

- 2016 – 2018 **Collaborative Learning & Integrated Mentoring in the Biosciences High Impact**
CLIMB-HI Scholar, Clinical and Translational Science Institute – University at Buffalo
- 2017 **UB Bulls Launch Pitch Competition**
Finalists, Center for Entrepreneurial Leadership, Blackstone Launchpad – University at Buffalo
- 2017 **Henry A. Panasci Jr. Technology Entrepreneurship**
Semi-Finalist, Center for Entrepreneurial Leadership, Blackstone Launchpad – University at Buffalo

Undergraduate

- 2010 – 2012 **Ensemble: Concert Band**
First Flautist and Piccolo Player – University at Buffalo
- 2010 – 2011 **Club Field Hockey Team**
Left Forward Player – University at Buffalo
- 2009 – 2010 **Residential Life and Housing**
Resident Advisor – University of Pittsburgh at Bradford
- 2008 – 2010 **Varsity Dance Team**
Member – University of Pittsburgh at Bradford

MEDIA COVERAGE

Press Releases and Interviews

In Good Health WNY's Healthcare Newspaper. (July 2023, Issue 105). Want better sleep? Try working out.
https://issuu.com/wnyhealthnews/docs/igh_wny_105_-_july_23/s/27073939

In Good Health WNY's Healthcare Newspaper. (June 2023, Issue 104). *Is it a sleep disorder or poor sleep habits?*
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